

# Back to Basics Bushcrafters

Name:

1, Is it safe to have a fire in your tent? (Please circle)

Yes          No

2, If you go to bed with wet clothes or sleeping bag what medical emergency could happen?

- a) Hypothermia
- b) Tooth ache
- c) Broken Leg
- d) Anaphylaxis

3, You get lost on a local hike what do you do?

- a) Build a fire for smoke signals
- b) Go back the way you think you came
- c) Stop and blow your whistle
- d) PANIC

4, To help keep you warm in your sleeping bag it's a good idea to?

- a) Go for a 1 mile run
- b) Do a few exercises but not enough to sweat or be out of breath so the warmth fills the sleeping bag
- c) Go for a 15 mile hike
- d) Turn the electric blanket on

5, Is it safe to cook your dinner in your tent? (Please circle)

Yes          No

6) Is it sensible to pitch you tent or build your shelter near to water? (Please circle)

Yes          No

7) Is camp hygiene important? (Please circle)

Yes          No

8) What gas is given off if you use a fire or portable heater?

- a) Oxygen
- b) Carbon dioxide
- c) Hydrogen
- d) Helium

9) What is the best to use under your sleeping bag as a mattress

- a) Leaves
- b) Silver Birch twigs wrapped into circles like a spring
- c) Stones
- d) Ants nest

10) What has been your best or worst experience camping? (Continue another page if necessary)